



TRAINING & CONSULTING OVERVIEW

Specialized Training, Education, and Systems Consultation for Those Who Serve

WHO WE SERVE



FIRE DEPARTMENT

- > Fire Departments
- > Law Enforcement Agencies
- > EMS Organizations



EMS



TRAINING & EDUCATION

- > Hospitals & Emergency Departments
- > Mobile Crisis Teams
- > Behavioral Health Organizations



SYSTEMS CONSULTING

- > Veteran Service Organizations
- > Military Family Programs
- > Government & Community Agencies



COMMUNITY SUPPORT

TRAINING TOPICS



VETERAN CULTURAL COMPETENCY

Build understanding of military culture, service identity, and barriers to care.



VETERAN SUICIDE PREVENTION

Learn military-informed risk factors, warning signs, and intervention strategies.



FIRST RESPONDER MENTAL HEALTH & RESILIENCE

Strengthen resilience, reduce burnout, and promote long-term wellness.



CRISIS RESPONSE TRAINING

Enhance crisis response skills, decision-making, and de-escalation.



MILITARY CULTURE FOR FIRST RESPONDERS

Understand how military experiences influence behavior and crisis presentations.



MORAL INJURY & SERVICE IDENTITY

Explore the impact of moral injury, guilt, loss, and identity transition.



BUILDING STRONGER TEAMS

Improve communication, trust, and team cohesion.



CUSTOM TRAINING DEVELOPMENT

Training designed to meet the unique needs of your organization.



Practical training grounded in real-world experience, designed to improve engagement, communication, and outcomes.

CONSULTING SERVICES

- Program Development
- Crisis Response Systems
- Veteran Initiatives
- Referral Pathway Development
- Cross-Agency Collaboration
- Policy & Procedure Consultation
- Community Partnership Development
- Staff Development Strategies

TRAINING FORMATS

- Conference Presentations
- CIT Training Modules
- In-Service Training
- Leadership Workshops
- Half-Day Workshops
- Full-Day Workshops
- Virtual Training
- Consultation Sessions



ABOUT SHANNON LUCAS, LCSW

- ✓ Suicide Prevention & Crisis Response Experience
- ✓ Veteran & Military Community Involvement Since 2009
- ✓ Oklahoma National Guard Casualty Assistance Experience
- ✓ Military Family Perspective
- ✓ Extensive Work with Veterans, Service Members, First Responders, and Community Partners



I haven't walked in your boots, but I've walked alongside them.



READY TO STRENGTHEN YOUR TEAM'S ABILITY TO SERVE THOSE WHO SERVE?

Schedule a Training Consultation Today

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